

liolea NIEVES MORRIS

BILINGUAL REGISTERED DIETITIAN

Apout me

I'm a bilingual Mexican registered dietitian and founder of The Concierge Dietitian, specializing in prediabetes, diabetes, weight loss, and menopause. I'm passionate about functional medicine and provide personalized, culturally rooted care in English and Spanish. Through private consultations and media partnerships, I help clients take control of their health and feel empowered in every stage of life.

AS SEEN IN:

TIME

Reader's



EatingWell



>5K
SOCIAL MEDIA
FOLLOWERS

179M+

CERTIFICATIONS & SPECIALIZATIONS













SKILLS

- Bilingual Registered Dietitian: Fluent in Spanish and English, effective communication across diverse communities.
- Sales & Marketing Skills: Experienced in promoting nutrition-related products and services to healthcare professionals, including doctors, hospitals, clinics, and pharmacies.
- Relationship Building: Proven ability to establish and maintain strong relationships with doctors, medical staff, and key healthcare stakeholders.
- Clinical Research & Evidence-Based Practice: Skilled in reviewing and presenting research findings on the impact of nutrition on health outcomes.









SERVICES

MEDIA SPOKESPERSON SPANISH & ENGLISH

- Television & Broadcast Interviews
- Satellite Media Tours
- Webinar & Lecture Presentations
- Talent at Tradeshows & Events

BRAND PARTNERSHIP

- Social media posts
- Email newsletters
- Blog post creation
- Media appearances
- Pre-recorded videos
- Media quotes

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- Meal Plan Development
- Healthcare Practitioner Tool Kits
- Educational Handout Downloadable





